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Classics

Aperol Spritz Aperol, Prosecco, soda	8.5
Tom Collins Old Tom gin, lemon, sugar, soda	8.5
Daiquiri Havana 3yr rum, lime, sugar	8.5
Mojito Havana 3yr rum, lime, mint, sugar, soda	8.5
Sours amaretto or whiskey, lemon, sugar, egg white	8.5
Old Fashioned Woodford Reserve bourbon, sugar, Angostura bitters, orange peel	8.5
Martini (Dry, Medium or Dirty) with your gin or vodka of choice	from 8.5
Caipirinha Abelha cachaca, lime, sugar	8.5
Margarita El Jimador Blanco tequila, lime, Cointreau, salt	8.5

Ask at the bar for any cocktails not listed.

Signature Cocktails

The Smoking Hog Old Fashioned Whistle Pig 10yr rye, barrel aged maple syrup, oak smoke droplets, angostura bitters, orange, bourbon cherry	12.95
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Grind Espresso Martini 9.95
East London Liquor Co vodka,
Grind espresso, gomme

Negroni No.31 9.95
Stone cask aged; Beefeater 24 gin, Campari,
PX sherry, Belsazar red vermouth

Plum Manhattan 9.95
Stone cask aged Bulleit Rye, plum liqueur,
Belsazar red & white vermouths, plum bitters,
Ardbeg Mist

Persephone's Sour 9.95
BIRDS spirit, pomegranate, lemon, sugar,
egg white, violet droplets

Smoked Oaxacan Apple 9.95
sage infused mezcal, pineapple, apple, lime,
cinnamon syrup, bitters

Love In The Night 9.95
El Jimador Tequila infused with thyme,
blackberry puree, lime, agave syrup

BabyKamm 9.95
Kamm & Sons, pear liqueur,
elderflower cordial, Prosecco

Clover Tea Club 9.95
Beefeater 24 gin, Earl Grey tea, raspberry syrup,
lemon juice

Being Ernest 9.95
Grapefruit infused Havana 3 rum, Kings ginger,
lime, Angostura bitters, cream soda

Sparkling

125ml / Bottle / Magnum

Prosecco Via Vai NV 5 / 28

Veneto, Italy, 11%

effervescent bubbles, clean balanced crisp finish

Ca di Alte Rosato NV 7.5 / 26

Veneto, Italy, 11.5%

deep rose in colour, mellow fruit

Mas Sardana Cava Brut Nature NV 32

Cava, Spain, 11.5%

floral nose, zesty fruit, fresh baked bread flavours

Bollinger NV 12.5 / 65

Champagne, France, 12%

rich biscuit flavours, the perfect aperitif

Veuve Cliquot Vintage 90

Champagne, France, 2008, 12%

intense nose of nectarines, citrus, dried candied fruit, slight toasted edge & persistence in long finish

Taittinger Brut Reserve NV 117

Champagne, France, 12.5%

Citrusy, toasty notes a balanced palate and a crisp yet creamy finish

"Taittinger is not a well-known brand, but it is probably the finest champagne in the world." Bond explained to his companion, from Casino Royale (1953) Any wine can be light, good wine is intense, only fine wine is both. This is light and elegant, with rich and creamy fruit.

Rosé

175ml / 250ml / Bottle

Château Minuty 6.5 / 8.5 / 28

Provence, France, 2016, 13%

pale honeysuckle pink, clean nose of citrus fruit

Château Miraval 10 / 12 / 33

Provence, France, 2016, 13%

pale pink colour, wild strawberry & fruit stone on the nose

Dessert

70ml

Pedro Ximenez 4.5

Jerez, Spain, NV, 15%

deep ebony, aromas of raisins, dates & honey, rich & complex palate, long candied fruit finish

White wine

175ml / 250ml / Bottle

Sauvignon Blanc 5 / 7 / 23

Alasia, Piedmont, Italy, 2016, 12.5%
creamy texture, gooseberry & citrus fruits, zesty acidity

Pé Branco 6 / 8 / 26

Alentejo, Portugal, 2016, 13%
stone fruit, citrus, mouth-watering finish

Pinot Grigio 7.5 / 9.5 / 27

Colterenzio, Alto Adige, Italy, 2016, 13.5%
supple, rich melon, pineapple fruit

Albariño 8 / 10 / 30

Fillaboa, Rias Baixas, Spain, 2016, 13%
green apple & pineapple, fragrant & fruity

Chablis 'Domaine De La Motte' Chardonnay 9.5 / 11.5 / 34

Burgundy, France, 2014, 12.5%
rich, mineral character, fruity core

Puligny Montrachet 59

Pierre Bouree & Fils, Burgundy,
France, 2012, 13%
complex wine, toasty notes, aromas of
hazelnut & savoury buttery characters

Red wine

Montepulciano d'Abruzzo 5 / 7 / 23

Il Faggio, Abruzzo, Italy, 2016, 12.5%
plums, cherries, chocolate

Tempranillo/Syrah 6 / 8 / 25

Poco paco tinto, Jesus de pedron,
Castilla y Leon, Spain, 2015, 13%
bright, juicy cherry & blackberry fruit flavours

Monastrell 7.5 / 9.5 / 27

Mas Delmera, Jumilla, Spain, 2011, 14.5%
full bodied, black fruits, dark chocolate, vanilla, spices

Malbec 8 / 10 / 28

Château Bovila, Cahors, France, 2014, 12.5%
currants & candied peel aromas, good tannins,
minerality in a modern style

La Gibryotte, Dugat, Gevrey Chambertin 61

Burgundy, France, 2015, 13%
vibrant red, persistent nose of red fruit,
velvet smooth tannins, great length

Amarone Della Valpolicella 78

Allegrini, Veneto, Italy 2014, 15.5%
imposing structure & depth, mature fruit & spice on the
palate balanced by acidity and refined tannins

Spirits

Vodka

East London Liquor Co	3.45
Black Cow	3.95
Absolute Elyx	3.95
Reyka	3.75
Grey Goose	4.95

Gin

Portobello Road	3.65
Beefeater 24	4
Old Tom	4.25
Sipsmith	4.5
Hendricks	4.05
Monkey 47	4.5
Tanqueray 10	4.35
Pinkster	3.95
Marylebone Gin	4.5

Rum

Havana 3 (white)	3.45
Havana 7 Anos	3.8
El Dorado 5 Year Old	4.1
El Dorado 12 Year Old	5.1
El Dorado 15 Year Old	6.4
Chairman's Reserve Spiced	3.75
Koko Kanu	3.6

Whisky

Johnnie Walker Black	3.65
Woodford Reserve	4.55
Makers Mark	3.65
Whistle Pig Rye	7.95
Bulleit Rye	4.05
Sazerac Rye	5.45
Monkey Shoulder	3.95
Macallan Gold	5.45
Johnnie Walker Platinum Label (18 Year Old)	7.35
Glenmorangie	4.95
Glenfiddich	5.95
The Glenlivet	8.75
The Balvenie	5.45
Ardbeg	5.55
Jameson	3.55

Cachaca

Abelha	3.7
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Tequila & Mezcal

El Jimador Blanco	5
Herradura Anejo	5
Herradura Plata	5
Herradura Reposada	5
Patron Cafe XO	5
Amores Verde Memento Mezcal	5

Brandy & Cognac

Martell VS	4.05
Martell VSOP	5.95
Martell XO	9.3
Baron de Sigognac	4.15

Cold-pressed Juices & Shots

All of our cold-pressed juices, shots and milks are supplied bottled by P R S S London

Grove 3; orange, lemon, tangerine, grapefruit, turmeric, cayenne, black pepper	4.75
Greenhouse 3; kale, spinach, celery, romaine, cucumber, ginger, lemon	4.75
Berry Recovery; apple, banana, coconut water, strawberry, blueberry, raspberry, coconut milk, lime	4.75
Orange juice; freshly squeezed (but not by us)	3.95
Detox shot; coconut water, lime juice, aloe vera, activated charcoal, milk thistle powder	3.5
Immunity shot; orange, lemon, ginger, cayenne, garlic, oregano	3.5

Iced

Americano	2.6
Latte	3.3
Matcha Latte	3.5

Grind Coffee

Roasted daily at Grind HQ in Shoreditch

espresso 2.3 / cappuccino 3.3 / latte 3.3 / cortado 2.6 / flat white 3.3 / americano 2.6 / macchiato 2.3 / double espresso 3.2

All available in whole, soy, almond & oat milks + 50p

Teas

Turmeric Latte	3
Matcha Latte	3
Lovely Night; rooibos, linden, chamomile, verbena	3
Løv is Pure; green tea, nettle and pineapple	3
Lovely Morning; green tea, orange, lemon, guarana, grapefruit, marigold flowers	3
Verbena Mint Rooibos; peppermint, cinnamon, Verbena	3
Run for Løv; apple, hibiscus, rosehips, pomegranate, blackcurrant, goji berries	3
Løv Earl Grey; green or black tea flavoured with bergamot	3
Builders tea; (PG Tips)	2

More Løv available

Beer & Cider

Estrella Galicia	3.5 half / 5.5 pint
Freedom Pale ale	2.75 half / 5.25 pint
Guest craft beer (please ask)	4.95
Orchard Thieves Cider, 330ml	4.95
Estrella Galicia 0.0%, 330ml	4.35

Softs

31 Below tonic & spritz made using homemade cordials cherry & almond grapefruit & orange	3.95
Seedlip & Elderflower Tonic seedlip spice, elderflower quinine, lemon, soda	6.95
Peach Iced Tea	3.95
San Pellegrino Aranciata or Limonata	2.6
Coca Cola, Diet Coke & lemonade	2.6
Still & sparkling water	2.45
Orange juice	3.5
Fever Tree mixers	2

Protein Shakes

Pump & Grind ; hemp protein, coconut water, banana, dates, cocoa nibs, nut butter, and a shot of Grind coffee	7.5
Lean & Green ; avocado, kale, spinach, celery, romaine, cucumber, ginger and lemon <i>add chilli to make it a Lean & Green Hot</i>	8
31 Bee-Low ; almond milk, banana, bee pollen, raw honey, dates, sesame seeds, cinnamon	7.5