

Brunch served from 1130-1500, weekends & Bank Holidays

We only use free-range eggs

Full English; double Plancha egg, sausage, dry cured smoked bacon, grilled tomato, black pudding, mushroom, sourdough toast	12	Avocado on toast; sourdough toast, chilli, lime (VE)	7.5
		<i>add 2 poached eggs (VG)</i>	2
		<i>add dry cured smoked bacon & eggs</i>	3
Garden breakfast; double plancha egg, halloumi, grilled tomato, mushroom, greens, avocado, sourdough toast (VG)	12	<i>add grilled halloumi & eggs</i>	4
		<i>add kiln smoked salmon & eggs</i>	4.5

Shareables & Small Plates

Large green olives (VE)	3.5
Patatas bravas, aioli (VG)	4.5
Padrón peppers, smoked sea salt (VE)	4
Buttermilk fried chicken, tarragon mayonnaise	6.5 / 12
Devon crab, avocado, baby gem, lemon, parsley	9.5 / 16.5
Seared prawns, garlic, lemon, chilli, parsley	9.5

Salads

Buddha bowl; tenderstem broccoli, grains, rocket, soft boiled egg, tahini dressing (VG)	11.5
Super greens and seeds; mixed leaves, broccoli, beetroot, quinoa, toasted seeds, chilli, house dressing (VG)	10
Add proteins	5 each
<i>Halloumi (VG)</i>	
<i>Corn fed chicken</i>	
<i>Kiln smoked salmon</i>	

Sides

House salad; toasted seeds, avocado, house vinaigrette (VG)	5
Green beans, toasted almonds, sea salt (VE)	4
Tender stem broccoli, garlic, chilli (VE)	4.5
Skinny fries (VG)	3.5
Truffle & Pecorino fries (VG)	5

Mains

Corn fed half chicken, tomatoes, rocket, Parmesan, skinny fries	16
British flash steak, skinny fries	16.5
<i>add chimichurri 2 / truffle cream 3</i>	
10oz dry aged sirloin, grilled portobello mushroom, skinny fries	26
<i>add chimichurri 2 / truffle cream 3</i>	
Grilled whole lemon sole on the bone, capers, parsley lemon, beurre noisette, green beans, almonds	24.5
31 Below burger; British beef patty cooked pink*, toasted seeded bun, mature cheddar, tomato, lettuce, burger sauce, skinny fries	13.5
<i>add dry cured smoked bacon 2</i>	
31 Below vegan burger; plant based patty, toasted seeded bun, vegan mozzarella, lettuce, tomato, skinny fries (VE)	13.5

Puddings

Sticky toffee pudding; vanilla ice cream, honeycomb, toffee sauce (VG)	6.5
Catalan cream	5
Flourless chocolate cake; caramelised white chocolate, coconut yoghurt (VG)	8.5

(VG) vegetarian, (VE) vegan, (N) nuts | 31below.co.uk |  31belowmarylebone

*Burgers cooked rare and medium rare carry a higher risk of food poisoning. Unlike a steak, a burger needs to be cooked through to reduce that risk. The Food Standards Agency recommends that children, pregnant women and anyone with a weaker immune system have their burgers well done. Please ask us for more information.

A discretionary service charge of 12.5% will be added to your bill. Our tronc service charge is to benefit the team that looked after you today. If you suffer from any allergies or intolerances please ask a waiter for more information. We have a separate menu detailing the dishes which do not have gluten in the ingredients. Due to the presence of nuts and gluten in some products there is a small possibility that nut and gluten traces may be found in any menu item. Not all ingredients are shown in the dish descriptions. Olives may contain stones and fish may contain bones. We accept all major credit cards. Our prices include Value Added Tax at the current rate.

Signature Cocktails

Pornstar Martini Russian Standard vodka, passionfruit syrup, prosecco, passionfruit, vanilla	8.5
The Smoking Hog Old Fashioned Whistle Pig 10yr rye, barrel aged maple syrup, oak smoke droplets, angostura bitters, orange, bourbon cherry	13
Espresso Martini East London Liquor Co vodka, espresso, gomme	10
Negroni No.31 Beefeater 24 gin, Campari, PX sherry, Belsazar red vermouth	10
Plum Manhattan Bulleit Rye, plum liqueur, Belsazar red & white vermouths, plum bitters, Ardbeg Mist	10
Persephone's Sour BIRDS spirit, pomegranate, lemon, sugar, egg white, violet droplets	10
Smoked Oaxacan Apple sage infused mezcal, pineapple, apple, lime, cinnamon syrup, bitters	10
Love In The Night El Jimador Tequila infused with thyme, blackberry puree, lime, agave syrup	10
BabyKamm Kamm & Sons, pear liqueur, elderflower cordial, Prosecco	10
Clover Tea Club Beefeater 24 gin, Earl Grey tea, raspberry syrup, lemon juice	10
Being Ernest Grapefruit infused Havana 3 rum, Kings ginger, lime, Angostura bitters, cream soda	10

Softs

31 Below tonic & spritz made using homemade cordials cherry & almond grapefruit & orange	4
Seedlip & Elderflower Tonic seedlip spice, elderflower quinine, lemon, soda	7
Peach Iced Tea	4
San Pellegrino Aranciata or Limonata	3
Coca Cola, Diet Coke & lemonade	3
Still & sparkling water	2.5 / 4
Fever Tree mixers	2

Beer & Cider

Estrella Galicia	3.5 half / 5.5 pint
Freedom Pale ale	3 half / 5.5 pint
Guest craft beer (please ask)	5
Orchard Thieves Cider, 330ml	5
Estrella Galicia 0.0%, 330ml	4.5

Cold-pressed Juices & Shots

All of our cold-pressed juices, shots and smoothies are supplied by P R S S London

Sweet Citrus ; orange, lemon, tangerine, grapefruit, turmeric, cayenne black pepper (VE)	5
Lean Green ; kale, spinach, celery, romaine, cucumber, ginger, lemon (VE)	5
Super Berry Smoothie ; apple, banana, coconut water, strawberry, blueberry, raspberry, coconut milk, lime (VE)	5
Super Glow Smoothie ; apple, banana, orange, avocado, lemon, ginger, turmeric, black & cayenne pepper (VE)	5
Orange juice ; freshly squeezed (but not by us) (VE)	4
Ginger Super Shot ; orange, lemon, ginger, cayenne, garlic, oregano (VE)	3.5

Smoothies & Protein Shakes

The Daily Grind ; hemp protein, coconut water, banana, dates, cocoa nibs & a shot of coffee (VE)	7.5
Lean & Green ; avocado, kale, spinach, celery, romaine, cucumber, ginger & lemon (VE)	8
<i>add chilli to make it a Lean & Green Hot</i>	
31 Bee-low ; almond milk, banana, bee pollen, raw honey, dates, cinnamon (N) (VG)	7.5

Coffee

All available with whole, soy, almond & oat milks + 50p

espresso 2.5 / cappuccino 3.5 / latte 3.5 / cortado 2.6 / flat white 3.5 / americano 3 / macchiato 2.5 / double espresso 3

Iced

Americano	3
Latte	3.5
Matcha Latte	4

Teas

Turmeric Latte	4
Matcha Latte	4
P&T Julep Mint ; chinese green tea, citrus peel, jasmine green tea, liquorice root, peppermint, lemon myrtle	3
P&T Sweet Lullaby ; lemon verbena, lime blossom, lemongrass, nettle leaves, chamomile, orange peel, lemon peel, rose petals, hops	3
P&T Cederberg Chai ; rooibos, ginger, fennel, pepper, liquorice, bell pepper, cloves, allspice, coconut chips	3
P&T Pure Prana ; lemongrass, ginger, liquorice root, citrus peel, peppermint, pepper	3
P&T Mighty Green ; japanese sencha green tea	3
P&T Brave New Earl ; black & green tea, juniper berries, tea flowers, bergamot, jasmine	3
Builders tea ; (PG Tips)	2