

Brunch served from 1130-1500, weekends & Bank Holidays

We only use free-range eggs

Full English; double Plancha egg, sausage, dry cured smoked bacon, grilled tomato, black pudding, mushroom, sourdough toast	12	Avocado on toast; sourdough toast, chilli, lime (VE)	7.5
		<i>add 2 poached eggs (VG)</i>	2
		<i>add dry cured smoked bacon & eggs</i>	3
Garden breakfast; double plancha egg, halloumi, grilled tomato, mushroom, greens, avocado, sourdough toast (VG)	12	<i>add grilled halloumi & eggs</i>	4
		<i>add kiln smoked salmon & eggs</i>	4.5

Shareables & Small Plates

Large green olives (VE)	3.5
Patatas bravas, aioli (VG)	4.5
Padrón peppers, smoked sea salt (VE)	4
Buttermilk fried chicken, tarragon mayonnaise	6.5 / 12
Devon crab, avocado, baby gem, lemon, parsley	9.5 / 16.5
Seared prawns, garlic, lemon, chilli, parsley	9.5

Salads

Buddha bowl; tenderstem broccoli, grains, rocket, soft boiled egg, tahini dressing (VG)	11.5
Super greens and seeds; mixed leaves, broccoli, beetroot, quinoa, toasted seeds, chilli, house dressing (VG)	10
Add proteins	5 each
<i>Halloumi (VG)</i>	
<i>Corn fed chicken</i>	
<i>Kiln smoked salmon</i>	

Sides

House salad; toasted seeds, avocado, house vinaigrette (VG)	5
Green beans, toasted almonds, sea salt (VE)	4
Tender stem broccoli, garlic, chilli (VE)	4.5
Skinny fries (VG)	3.5
Truffle & Pecorino fries (VG)	5

Mains

Corn fed half chicken, tomatoes, rocket, Parmesan, skinny fries	16
British flash steak, skinny fries	16.5
<i>add chimichurri 2 / truffle cream 3</i>	
10oz dry aged sirloin, grilled portobello mushroom, skinny fries	26
<i>add chimichurri 2 / truffle cream 3</i>	
Grilled whole lemon sole on the bone, capers, parsley lemon, beurre noisette, green beans, almonds	24.5
31 Below burger; British beef patty cooked pink*, toasted seeded bun, mature cheddar, tomato, lettuce, burger sauce, skinny fries	13.5
<i>add dry cured smoked bacon 2</i>	
31 Below vegan burger; plant based patty, toasted seeded bun, vegan mozzarella, lettuce, tomato, skinny fries (VE)	13.5

Puddings

Sticky toffee pudding; vanilla ice cream, honeycomb, toffee sauce (VG)	6.5
Catalan cream	5
Flourless chocolate cake; caramelised white chocolate, coconut yoghurt (VG)	8.5

(VG) vegetarian, (VE) vegan, (N) nuts | 31below.co.uk |  31belowmarylebone

*Burgers cooked rare and medium rare carry a higher risk of food poisoning. Unlike a steak, a burger needs to be cooked through to reduce that risk. The Food Standards Agency recommends that children, pregnant women and anyone with a weaker immune system have their burgers well done. Please ask us for more information.

A discretionary service charge of 12.5% will be added to your bill. Our tronc service charge is to benefit the team that looked after you today. If you suffer from any allergies or intolerances please ask a waiter for more information. We have a separate menu detailing the dishes which do not have gluten in the ingredients. Due to the presence of nuts and gluten in some products there is a small possibility that nut and gluten traces may be found in any menu item. Not all ingredients are shown in the dish descriptions. Olives may contain stones and fish may contain bones. We accept all major credit cards. Our prices include Value Added Tax at the current rate.

Signature Cocktails

Smoking Monkey 13
Monkey Shoulder whiskey, cherry bourbon, bitters

Bee Hive 10
Portobello gin, Martini ambrato, honey syrup, lemon

Green Garden 10
Hendricks gin, elderflower, tonic, lemon

Prugna frizzante 10
Akashi-Tai Sake, grape and apricot soda, prosecco

Nut Sour 10
Frangelico, Chairman's Reserve Spiced, egg white, lemon, bitters

Smoked Oaxacan Apple 10
sage infused mezcal, pineapple, apple, lime, cinnamon syrup, bitters

Love In The Night 10
El Jimador Tequila infused with thyme, blackberry puree, lime, agave syrup

Raspberry Mule 10
Russian Standard vodka, raspberries, honey, ginger beer

Clover Tea Club 10
Beefeater 24 gin, Earl Grey tea, raspberry syrup, lemon juice

Negroni

Negroni Classico 10
Portobello gin, Martini bitter, Martini rubino

Negroni Bianco 10
Portobello gin, Italicus, Martini ambrato

Negroni Rosato 10
Portobello gin, Martini ambrato, Cocchi Americano Rosa

Softs

31 Below tonic & spritz 4
made using homemade cordials
wild berry spritz
grapefruit & orange

Seedlip & Elderflower Tonic 7
seedlip spice, elderflower quinine, lemon, soda

Peach Iced Tea 4

San Pellegrino Aranciata or Limonata 3

Coca Cola, Diet Coke & lemonade 3

Still & sparkling water 2.5 / 4

Fever Tree mixers 2

Beer & Cider

Estrella Galicia 3.5 half / 5.5 pint

Freedom Pale ale 3 half / 5.5 pint

Guest craft beer (please ask) 5

Savanna Dry, 330ml 5

Estrella Galicia 0.0%, 330ml 4.5

Cold-pressed Juices & Shots

All of our cold-pressed juices, shots and smoothies are supplied by P R S S London

Sweet Citrus; orange, lemon, tangerine, grapefruit, turmeric, cayenne black pepper (VE) 5

Lean Green; kale, spinach, celery, romaine, cucumber, ginger, lemon (VE) 5

Super Berry Smoothie; apple, banana, coconut water, strawberry, blueberry, raspberry, coconut milk, lime (VE) 5

Super Glow Smoothie; apple, banana, orange, avocado, lemon, ginger, turmeric, black & cayenne pepper (VE) 5

Orange juice; freshly squeezed (but not by us) (VE) 4

Ginger Super Shot; orange, lemon, ginger, cayenne, garlic, oregano (VE) 3.5

Smoothies & Protein Shakes

The Daily Grind; hemp protein, coconut water, banana, dates, cocoa nibs & a shot of coffee (VE) 7.5

Lean & Green; avocado, kale, spinach, celery, romaine, cucumber, ginger & lemon (VE) 8

add chilli to make it a Lean & Green Hot

31 Bee-low; almond milk, banana, bee pollen, raw honey, dates, cinnamon (N) (VG) 7.5

Coffee

All available with whole, soy, almond & oat milks + 50p

espresso 2.5 / cappuccino 3.5 / latte 3.5 / cortado 2.6 / flat white 3.5 / americano 3 / macchiato 2.5 / double espresso 3

Iced

Americano 3

Latte 3.5

Matcha Latte 4

Teas

Turmeric Latte 4

Matcha Latte 4

Harney and Sons Organic Peppermint; Aromatic and refreshing 3

Harney and Sons Red Raspberry; rose hips, hibiscus, orange peel, raspberry leaves and raspberry flavours 3

Harney and Sons Green Tea with Citrus; japanes dash of lemongrass and the bright taste of natural citrus 3

Harney and Sons Earl Grey Supreme; blend of black teas from India, scented with natural, lemony bergamot from the Mediterranean 3

Harney and Sons English Breakfast 2

All packaging and tea bags are made from 100% biodegradable materials.