31 · below

Brunch served until 1500			
Classics & Eggs		Bakery & Lighter Plates	
Avocado on toast; sourdough toast, chilli, lime (PB) 388 kcal add 2 poached eggs (VG) 377 kcal	8.5 2.5	Paul Rhodes sourdough toast; Netherend Farm butter, with jam, honey or marmalade (VG) 172 kcal	4
add dry cured smoked bacon & eggs 602 kcal add grilled halloumi & eggs (VG) 675 kcal	5 6	Freshly baked Artisan pastries (VG); croissant 503 kcal or pain au chocolat 354 kcal	4.5
add Severn & Wye smoked salmon & eggs 508 kcal Full English; double Plancha egg, sausage, dry cured smoked bacon, grilled tomato, black pudding	7 14.5	Toasted breakfast muffin (VG); toasted grain muffin, whipped ricotta, smashed avocado, poached egg, za'atar 414 kcal	9
mushroom, sourdough toast 957 kcal		Coconut yoghurt (VG); berry compôte, toasted buckwheat, granola 281 kcal	8
Garden breakfast; double plancha egg, halloumi, grilled tomato, mushroom, greens, avocado, sourdough toast (VG) 694 kcal	13.5	Buckwheat and rye pancakes; 11.5 each berry compôte, granola, seeds, coconut yoghurt (VG N) 594 kcal dry cured bacon, maple syrup, Netherend Farm butter 824 kcal	
served from 1130			
Shareables & Small Plates		Mains	
Large green olives (PB) 173 kcal Warm seeded sourdough:	4.5 5	Plancha grilled herb chicken; garlic & herb oil, seasonal slaw & skinny fries 526 kcal	18.5
date & sea salt butter (VG) 308 kcal		Steak frites; 8oz British flat iron steak, dressed salad & skinny fries 722 kcal	18.5
Patatas bravas; aioli (VG) 459 kcal	5	add chimichurri 2 91 kcal add peppercorn sauce 3 75 kc	cal
Devilled eggs (VG) 266 kcal	6	Baked spiced aubergine; ricotta, parsley,	14.5
Padrón peppers; smoked sea salt (PB) 73 kcal Burrata; pickled butternut squash, pomegranate,	6 9.5	pomegranate & pickled onion salad, tahini dressing, puffed wild rice (VG) 309 kcal	
mint, toasted pumpkin seeds (VG) 339 kcal).5 / 14.5	Chalk Stream trout; sautéed hispi cabbage, roasted garlic aioli, charred lemon 452 kcal	20.5
Buttermilk fried chicken; sriracha mayo 516/920 kcal Seared king prawns; garlic, chilli, warm bread 396 kcal	12	31 Below burger; aged British beef patty cooked pink,	17
Crispy fried squid; roasted garlic aioli, lemon 515 kcal	10.5	lettuce, tomato, bread & butter pickles, smoked chedda skinny fries 1031 kcal	
Plancha sharer; buttermilk fried chicken, crispy fried 22.5 squid, devilled eggs, padrón peppers, patatas bravas 2447 kcal Sides		add dry cured smoked bacon 2 168 kcal	
		Plant-based burger; Moving Mountains patty, plant-base cheese, slaw, pickles & skinny fries (PB) 1006 kcal	d 17
Sides			
House salad; toasted seeds, avocado, house vinaigrette (PB) 228 kcal	6	Salads	
Roasted squash; chilli, garlic, olive oil, crispy sage (PB) 109 kcal 5		Winter salad; seasonal leaves, roasted squash, 12.9 grilled halloumi, spiced hazelnuts, pomegranate &	
Sweet potato fries; thyme, lime (PB) 306 kcal Roasted hispi cabbage; seasme dressing, sriracha,	5.5 5	beetroot dressing (VG N) 425 kcal Super greens & grains; mixed leaves, broccoli,	11
crispy shallots (PB) 271 kcal	_	beets, quinoa, chilli, house dressing (PB) 471 kcal	4.4
Skinny fries (PB) 304 kcal Truffle & Pecorino fries (VG) 389 kcal	5 6	Caesar salad; crisp leaves, radishes, avocado, croutons, Caesar dressing 471 kcal	11
Trumie & Pecorino fries (VG) 389 kcal	б	Add proteins	
		halloumi (VG) 294 kcal	4
		chicken 451 kcal	5
		Chalk Stream trout 258 kcal	8
Puddings			
Sticky toffee pudding; vanilla ice cream,	8.5	Warm bakewell tart; vanilla custard (VG N) 365 kcal	8.5
honeycomb, warm toffee sauce (VG) 745 kcal		Five chocolate & espresso truffles (VG) 223 kcal	5
Flourless chocolate cake; whipped orange crème fraiche (VG) 580 kcal	9	Jude's ice cream & sorbets 79 - 119 kcal 3 scoops; please ask your server for today's flavours plant-based options available	7.5

(VG) vegetarian, (PB) plant-based, (N) nuts | 31below.co.uk | \odot f 31belowmarylebone

Signature Cocktails		Softs	
Pear & Ginger Margarita El Jimador Blanco tequila, Belle de Brillet pear cognac, ginger, lemon, sea salt		San Pellegrino Aranciata or Limonata	3.5
		Coca Cola, Coke Zero & lemonade	3.5
Cuban Missionary	13	Still & sparking water	2.5 / 4
Havana Club Cuban Spiced, peach, honey, pineapple, mint		Fever Tree mixers	3
Green Garden Hendricks gin, elderflower, tonic, lemon	13	Cold-pressed Juices & Shots	
Tropical Spritz Ciroc Passion, pina colada syrup, Prosecco, so	13 da	Our cold-pressed juices and shots are supplied & bottle by PR = SS London	ed
Love in the Night Cazcabel Blanco, agave, lime, thyme, blackber	13	Sweet Citrus; orange, lemon, tangerine, grapefruit, turmeric, cayenne, black pepper (PB)	6
Winter Spice Mai Tai	13	Lean Green ; kale, spinach, celery, romaine, cucumber, ginger, lemon (PB)	6
•	lavana Club 3 yr rum, Cointreau, almond, lime, spiced berry Triple Berry Smooth		6
Smoked Oaxacan Apple sage infused mezcal, pineapple, apple, lime, cinnamon syrup, bitters		strawberry, blueberry, raspberry, coconut milk, lime (PB)	
		Orange juice; freshly squeezed (but not by us) (PB)	5
Gingerbread Mule	13	Ginger Super Shot; ginger, apple, lemon (PB)	4
Tanqueray, Fever-Tree ginger beer, gingerbre	ad surup 13	Iced	
Raspberry Mule Absolut vodka, raspberries, honey, ginger beer		Americano	3.5
Classics		Latte Matcha Latte	4.5 4.9
	10	Creathias O Dratain Chalcas	
Aperol Spritz Aperol, Prosecco, soda	12	Smoothies & Protein Shakes	
Negroni Classico	12	Blend Date; almond milk, dates, tumeric, banana, ginger, lemon (PB)	9
Tanqueray, Campari, Verouth di Torino	10	Lean & Green; avocado, kale, spinach, celery, romaine,	9
Cosmopolitan Absolut vodka, Cointreau, cranberry, lime	12	cucumber, ginger and lemon (PB)	
Bloody Mary Baller chilli & bacon vodka, bloody mix	12	31 Bee-Low ; almond milk, banana, bee pollen, raw honey, dates, cinnamon (VG N)	9
Mojito	12	Coffee	
Ron Santiago de Cuba 8yr, lime, mint, sugar, se		All available with whole, oat or coconut milk	
Sours lemon, sugar and egg white with your choice Amaretto - Disaronno amaretto Whiskey - Bulleit Bourbon		espresso 2.5 / cappuccino 3.9 / latte 3.9 / cortado 2.6 / flat white 3.9 / americano 3.5 / macchiato 2.5 / double espresso 3 / hot chocolate 4.2	
Nut - Frangelico, Chairman spiced rum, Angos Old Fashioned	12	Teas	
Bulleit bourbon, sugar, bitters	12	Turmeric Latte	4.9
Espresso Martini	12	Chai Latte	4.9
Absolut vodka, Kahlua, espresso	12	Matcha Latte	4.9
Caipirinha Abelha cachaca, lime, sugar	12	Harney and Sons Organic Peppermint	3.5
		Harney and Sons Red Raspberry	3.5
Beer & Cider		Harney and Sons Decaf Ceylon;	3.5
Estrella Galicia 3.4 half / 6.75 pint		Harney and Sons Green Tea with Citrus	3.5
Neck Oil 3	.65 half / 7.25 pint	Harney and Sons Earl Grey Supreme	3.5
Guest craft beer (please ask)	5.75	Harney and Sons Chamomile;	3.5
Curious Apple Cider, 330ml	5.75	Harney and Sons English Breakfast	3.5
Estrella Galicia 0.0%, 330ml	4.5	All packaging and tea bags are made from 100% biodegradable materials.	