

## Breakfast

<b>Paul Rhodes sourdough toast;</b> Netherend Farm butter, choice of jams (V)	5
<b>Freshly baked Artisan pastries;</b> croissant or pain au chocolat (V)	4.5
<b>Avocado on toast;</b> sourdough toast, chilli, lime (PB)	10.5
<i>with two poached eggs (V)</i>	13
<i>with smoked bacon &amp; eggs</i>	15.5
<i>with grilled halloumi &amp; eggs (V)</i>	16.5
<i>with smoked salmon &amp; eggs</i>	17
<b>Greek yoghurt bowl;</b> fresh berries, honey, granola, mint (V)	9.5
<b>‘Nduja fried eggs;</b> honey roasted tomato, wild oregano, ricotta, toasted Paul Rhodes sourdough	15
<b>Full English;</b> double Plancha egg, sausage, dry cured smoked bacon, grilled tomato, black pudding, mushroom, sourdough toast	16.5
<b>Eggs Benedict;</b> two poached eggs, toasted Paul Rhodes English muffin, hollandaise sauce (V)	12.5
<i>with smoked bacon</i>	15.5
<i>with smoked salmon</i>	16.5
<i>with spinach (V)</i>	14.5
<b>Garden breakfast;</b> double Plancha egg, halloumi, grilled tomato, mushroom, greens, avocado, sourdough toast (V)	15.5
<b>Kefir pancakes;</b>	
vanilla mascarpone, berries, honey, pistachio (V N)	14
smoked bacon, melting butter, maple syrup	15

## Cocktails

<b>Mimosa;</b> orange juice, Prosecco	9
<b>Bloody Mary;</b> Absolut Vodka, tomato juice, Bloody Mary mix <i>more spice available on request</i>	9
<b>Virgin Mary;</b> Tomato juice, Bloody Mary mix <i>more spice available on request</i>	6

(V) vegetarian, (PB) plant-based, (N) contains nuts | 31below.co.uk |  31belowmarylebone

A discretionary service charge of 12.5% will be added to your bill. Our tronc service charge is to benefit the team that looked after you today. If you suffer from any allergies or intolerances please ask a waiter for more information.

# Coffee

*All available with whole, oat or coconut milk*

espresso 3.2 / cappuccino 4.2 / latte 4.2 / cortado 3.2 / flat white 4.2 / americano 3.9 /  
macchiato 3.2 / double espresso 3.7 / hot chocolate 4.7

# Teas

Turmeric Latte 5.2

Chai Latte 5.2

Matcha Latte 5.2

**Harney and Sons;** 3.95

Organic Peppermint, Red Raspberry, Decaf Ceylon, Green Tea with Citrus,  
Earl Grey Supreme, Chamomile, English Breakfast

*All packaging and tea bags are made from 100% biodegradable materials.*

# Cold-pressed Juices & Shots

*Our cold-pressed juices and shots are supplied & bottled by P R S S London*

**Tropical Turmeric;** pineapple, mango, passion-fruit, turmeric (PB) 6

**Lean Green;** kale, spinach, celery, romaine,  
cucumber, ginger, lemon (PB) 6

**Triple Berry Smoothie;** apple, banana, coconut water,  
strawberry, blueberry, raspberry, coconut milk, lime (PB) 6

**Orange juice;** freshly squeezed (but not by us) (PB) 5.5

**Ginger Super Shot;** ginger, apple, lemon (PB) 5

# Smoothies & Protein Shakes

**Blend Date;** almond milk, dates, tumeric, banana,  
ginger, lemon (PB) 9

**Lean & Green;** avocado, kale, spinach, celery, romaine,  
cucumber, ginger and lemon (PB) 9

**31 Bee-Low;** almond milk, banana, bee pollen,  
raw honey, dates, cinnamon (V N) 9

*add protein powder 1*